

Nutrition Facts

Valeur nutritive

Per 1 serving (75 g) / par 1 portion (75 g)

Amount % Daily Value

Teneur % valeur quotidienne

Calories / Calories 130 Cal

Fat / Lipides 8 g 12 %

Saturated / saturés 1.5 g 6 %
+ Trans / Trans 0 g

Polyunsaturated / polyinsaturés 4.5 g

Omega-6 / oméga-6 4 g

Omega-3 / oméga-3 0.8 g

Monounsaturated / monoinsaturés 2 g

Cholesterol / Cholestérol 20 mg

Sodium / Sodium 260 mg 11 %

Carbohydrate / Glucides 2 g 1 %

Fibre / Fibres 0 g 0 %

Sugars / Sucres 2 g

Protein / Protéines 13 g

Vitamin A / Vitamine A 0 %

Vitamin C / Vitamine C 0 %

Calcium / Calcium 0 %

Iron / Fer 2 %

Ingredients checked and OK CO

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Changed Nutritional for Sat. + Trans Fat % from 1g to 1.5g,
and % from 5% to 6%. Sept21-07 CO

Changed Protein claim to "Rich" Dec 02/08 CO