

# Nutrition Facts

## Valeur nutritive

Per 1 serving (85 g) / par 1 portion (85 g)

Amount	% Daily Value
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Teneur	% valeur quotidienne
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<b>Calories / Calories</b> 100 Cal	
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<b>Fat / Lipides</b> 1.5 g	<b>2 %</b>
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Saturated / saturés 0.4 g	<b>2 %</b>
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+ Trans / Trans 0 g	
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<b>Cholesterol / Cholestérol</b> 30 mg	
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<b>Sodium / Sodium</b> 350 mg	<b>14 %</b>
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<b>Carbohydrate / Glucides</b> 4 g	<b>1 %</b>
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Fibre / Fibres 0 g	<b>0 %</b>
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Sugars / Sucres 2 g	
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<b>Protein / Protéines</b> 16 g	
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Vitamin A / Vitamine A	0 %
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Vitamin C / Vitamine C	2 %
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Calcium / Calcium	0 %
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Iron / Fer	4 %
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